

SOUTHEASTERN WISCONSIN

BLACK DOULA DIRECTORY

A RESOURCE GUIDE FOR COMMUNITIES

*Black Women and Babies have the worst birth outcomes.
There is hope... Black Doulas and Birth Workers are making a difference!*

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The AABN is pleased to support this important project with our community partners and stakeholders! The resource directory was birthed through the work of our Community Doula Initiative, a 22-month project to support the Milwaukee-area community of doulas and build community capacity to support labor assisted-births. This directory provides a space for Black Doulas to support one another and advertise their services. While the CDI project itself has come to a close, it is our hope that the directory will continue to serve as a beacon fostering the expansion, growth, and development of doulas while at the same time increasing awareness and understanding of how doulas improve maternal-infant health.

Dalvery Blackwell
African American Breastfeeding Network, Inc.
Executive Director

Why is this guide important?

In the US, Black women and birthing people experience the highest rates of preterm birth, maternal morbidity and mortality, and lowest breastfeeding rates. 1-4 Maternal mortality and morbidity rates remain an important indicator of the stark racial disparities and lack of quality and inaccessibility of maternity and reproductive healthcare services. In addition, regardless of socioeconomic status, educational attainment, or rural/urban-dwelling status, Black women are still four times more likely to die in childbirth than white women. According to the most recent data, the maternal mortality rate in Wisconsin is five times higher for Black women than for white women. Access to quality and equitable maternity care is critical to maintaining and improving maternal health.



THE COMMUNITY
DOULA
INITIATIVE (CDI)

THE COMMUNITY DOULA INITIATIVE (CDI)

Through collaboration, training, support, and education, CDI aims to build community capacity to understand, support, and embrace birth work in addressing maternal and infant birth outcomes and health. The CDI involved five components:

- Community Building Workshops
- Black Doula Roundtable
- Doula Ambassadors
- Community Conversations
- Black Doula Resource Directory



CDI Endorsement Partner:
LifeCourse Initiatives for Healthy Families

The Lifecourse Initiative for Healthy Families (LIHF) is an initiative in Wisconsin to support African American women and their families to have healthy and thriving lives. We address inequities in African American birth outcomes in Kenosha, Milwaukee, and Racine by facilitating systemic changes with community partners using innovative, community-driven asset and evidence-based strategies to improve health care and social support. LIHF has partnered with the African American Breastfeeding Network (AABN) for the last three years in many capacities.

There is power in the African American community in the form of assets, resources, and history. Black Birth Workers are vital and needed resources in our communities for our families. They are a key component in the fight to reduce Black maternal and infant mortality. The Community Doula Initiative's resource directory will help build the capacity of Black Birth Workers across southeastern Wisconsin. LIHF is honored to support the efforts of AABN and the Community Doula Initiative.

Gina Green-Harris
Director, Lifecourse Initiative for Healthy Families

Maternal and Infant Health Disparities and Data

Since 2016 Infant Mortality has been increasing. The Milwaukee County Infant Mortality Rate in 2018 was 14.6%. According to the 2017 Fetal Infant Mortality Review Report, African American infants in Milwaukee are almost 3 times more likely to die before their first birthday than white infants in Milwaukee City. These racial disparities exist in other cities across the country as well. In the last 3 years, from 2015-2017, 305 African-American babies have died before their 1st birthday in the City of Milwaukee.

The four leading causes of infant mortality in Milwaukee are:

1. Complications of prematurity, which is experienced among African Americans more than any other ethnic group;
2. Congenital Anomalies (Birth Defects)
3. SIDS, also known as Sudden Infant Death Syndrome, the sudden unexplained death of a child less than one year of age
4. Complications of Labor and Delivery when labor does not progress or the mother experiences excess bleeding.

Maternal Mortality is:

- A Pregnancy-related death
- The death of a woman while pregnant or within one year of pregnancy termination (i.e., birth, miscarriage, or elective abortion)
- Any cause related to or aggravated by the pregnancy or its management.

Did You Know?

Black women are 3.2 times more likely than non-Hispanic White women to die during child-birth. Maternal Mortality is 5.9% in Wisconsin. The maternal mortality rate of African American mothers was 5 times higher than that of non-Hispanic mothers.





WHAT IS A

DOULA?



THE ROLE THEY PLAY IN BIRTH WORK





A Doula is a trained companion who is not a healthcare professional. They support another individual through a significant health-related experience such as childbirth, miscarriage, abortion, stillbirth, or non-reproductive experiences such as dying. A Doula is also:

- A non-medical trained health care professional
- Provides continuous support: physical, emotional, spiritual, and informational
- Offers services to expectant families throughout their pregnancy and up to 1 year after birth
- Works together with a medical team, such as doctors or midwives
- Offers education to help families better advocate for themselves
- Offers education so that families understand the birthing process
- Helps prepare families for what to expect in labor, and after the baby is born

Types of Doulas include:

- Birth Doula
- Antepartum Doula
- Postpartum Doula
- End-of-Life Doula

Many Doulas combine these and other specialties such as abortion, fertility, and bereavement services (depending on the training and skills of each individual Doula)

Meet Our

DOULAS

we

Meet our Doulas

Name: Daralis Cross
Business Name: Daralis Cross Breastfeeding
Services Provided: Birthing help
Address: cdaralis@gmail.com
Phone Number: (414) 366-9867

Name: Jaqueline Ward
Business Name: Venus Consulting
Services Provided: Doula Business Development Consultation
Address: 2741 W Fond du Lac Ave
MKE, WI 53208
Phone Number: (414) 888-2983

Name: DeAnna Tharpe
Business Name: Birthing Intuition and Wellness Services LLC
Services Provided: Full Spectrum Certified Doula Services Trauma
Address: 5301 W. Hampton Ave
Phone Number: (414) 213-7255

Name: Terri Simmons
Business Name: Regal Aspire, LLC
Services Provided: Doula Business Development Consultation
Doula Specialty: Holistic/Birth Doula
Phone Number: regalaspire@gmail.com

Name: Tiffany Pitts
Business Name: Tree of Life Doula Services
Services Provided: 101 Labor and Delivery Class, Parenting Life Skills
Doula Specialty: Fertility and Postpartum Doula
Address: tiffanypittsdoulamke@gmail.com
Phone Number: (262) 888-2476

Name: Jessica Monet
Business Name: Concrete Roseantepartum
Services Provided: Doula Business Development Consultation
Doula Specialty: Postpartum, antepartum, birth
Address: st.plantedinstone@yahoo.com

Name: Kay'La Mumford
Business Name: Experience Empower Embrace
Services Provided: Education & resources, placenta encapsulation, natural products, natural birth
Doula Specialty: Birth & Postpartum
Address: doulasisters.wi@gmail.com
Phone Number: (414) 207-2568

Name: Raven Wilson
Business Name: Motherly Love Doula Care LLC
Doula Specialty: Birth and Postpartum
Address: motherlylovedoulacare@yahoo.com
Phone Number: (414) 313-6187

Name: Chloe Stingley
Business Name: Hu\$tlefull
Services Provided: Miscarriage, abortion support
Doula Specialty: Birth to life
Address: stingley.chloe@gmail.com
Phone Number: (414) 690-4827

Name: Uchenna Jones
Services Provided: Prenatal, Labor, Birth, Postpartum, Lactation Birth & Postpartum
Address: 4711 Jenewein Rd.
Madison, WI 53711
Phone Number: (608) 239-9668

Name: Bianca Williams
Business Name: Tiny Miracles Doula Services, Inc.
Services Provided: Doula Business Development/Consultation
Doula Specialty: Birth & Postpartum
Address: tinymiracles20@gmail.com
Phone Number: (414) 687-5731

Name: Ravae Sinclair
Business Name: Birth Connections MKE
Services Provided: Doula Business Development Consultation
Doula Specialty: Birth, Postpartum
Address: 2741 W Fond du Lac Ave
Milwaukee, WI 53208
Phone Number: (414) 888-2983

Meet our Doulas Cont'd

Name: Kenia Mahdi

Business Name: Mahdi Doula
Postpartum Care Packages

Services Provided: African Tradition
Belly Binding & Postpartum Healing,
Breastfeeding Support

Address: 317 W. Wright Street,
MKE, WI 53212

Phone Number: (907) 782-6030

Name: Kayla Dockery

Business Name: Sweet Sleep
Serenity LLC

Services Provided: Overnight
postpartum support, infant care

Doula Specialty: Postpartum Doula

Address: sweetsleepserenity
@gmail.com

Phone Number: (414) 888-2983

Name: Lakeeta Watts

Business Name: Essentially
Empowered Inc

Services Provided: Prenatal Care
Coordination

Doula Specialty: Birth worker, post-
partum, aromatherapy, teen parents

Address: Doula@essentially
empoweredinc.org

Phone Number: (262) 505-7811

Name: Ky'asha DuLove

Business Name: Doulaing Birthing
Services Provided: Doula Business
Development Consultation

Doula Specialty: Full-spectrum doula,
virtual doula, placenta encapsulation,
doula in the community doula
(prison + shelter doula for homeless
and domestic violence victims)

Phone Number: (6082) 394-173

Name: Brittney Roundtree

Business Name: Doula Bee Birthing
Services

Services Provided: Doula Business
Development Consultation

Doula Specialty:

Address: 2741 W Fond du Lac Ave
Milwaukee, WI 53208

Phone Number: (414) 888-2983

Name: Tasha Bratchett

Business Name: Unique Birthing
Experience LLC

Services Provided: Doula Business
Development Consultation

Doula Specialty: Birthing,
Postpartum Doula, High-Risk
Pregnancy

Address: PO Box 241171
MKE, WI 53224

Phone Number: (262) 236-5973





What you can do

- Join local efforts to improve Infant/Maternal mortality with organizations
- Help connect pregnant moms to resources
- Call your elected officials to ask to support legislation that supports doulas
- Call your insurance company to request coverage for doula services
- Call local hospitals to ask that they allow doula-assisted-births

Local and National Organizations

- Black Mamas Matter Alliance
- Black Maternal Health Caucus
- National Black Doula Association
- Wisconsin Black Doula Collective
- National Association to Advance Black Birth
- National Black Women's Health Imperative
- National Birth Equity Collaborative



WeRISE

BLACK BIRTH WORKERS

WeRISE Mini Movie | Black Birth Worker's Response to Covid-19

RESPONSE TO COVID-19 PROJECT

WeRISE

BLACK BIRTH WORKERS

We're looking for Black Birth Workers in Milwaukee, Racine & Keonsha counties to provide Doula services. Interested Black women with no birth work experience will be trained.

Free Workshops & Trainings

\$500/birth

Lactation Certification

much more!

For more information contact Kay'La Mumford, WeRISE Director, by June 17th: kayla.mumfordaabn@gmail.com (414) 207-2568

APPLY AT AABNETWORK.ORG/WERISE BY JUNE 17TH

Watch on YouTube

Watch later Share

A response to COVID-19. Please watch to learn how we are supporting young mothers through this global pandemic. Click [HERE](#) to learn more!



Links and References

COVID-19 Links (click to view)

- [COVID-19 Not Regarding Maternal Health](#)
- [A Guide for Visiting Clients](#)
- [High-Risk Pregnancy Moms & Families](#)
- [Breastfeeding & COVID-19](#)

References

1. Creanga AA, Syverson C, Seed K, Callaghan WM. Pregnancy-Related Mortality in the United States, 2011-2013. *Obstet Gynecol.* 2017;130(2):366-373.

2. Bartick MC, Jegier BJ, Green BD, Schwarz EB, Reinhold AG, Stuebe AM. Disparities in Breastfeeding: Impact on Maternal and Child Health Outcomes and Costs. *J Pediatr.* 2017;181:49-55.e6.

3. Lind JN, Perrine CG, Li R, Scanlon KS, Grummer-Strawn LM, Centers for Disease Control and Prevention (CDC). Racial disparities in access to maternity care practices that support breastfeeding - United States, 2011. *MMWR* 2014;63(33):725-728.

4. Reeves EA, Woods-Giscombé CL. Infant-Feeding Practices Among African American Women: Social-Ecological Analysis and Implications for Practice. *J Transcult Nurs.* May 2015; 26(3):219-226.

5. Wisconsin Dept. of Health Services, Division of Public Health, Office of Health Informatics. Wisconsin Interactive Statistics on Health (WISH) data query system,

THANK YOU!



Be Well!